

# Birth Mother Retreat

Caring for Birthmothers features a weekend retreat to provide support for women who have made an adoption plan for their child. Birthmothers who worked with any agency or attorney are encouraged to attend. Retreats are offered 3 times a year.



## Retreat Includes:

- 2 nights lodging
- 5 delicious meals
- Variety of snacks and beverages
- All retreat materials
- Access to a private, post-retreat internet support board

Visit

<http://cfkadopt.org/birth-mother-retreat/>  
for dates and more info.

# Facilitators

## Lori Scobee, LSW

Lori is a birthmother who made an adoption plan for her daughter in 1989. Her adoption is closed and she is not (yet!) in reunion with her daughter. Lori works as a Birth Parent Counselor at CFK!



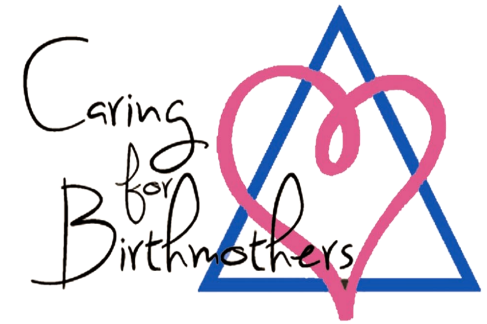
## Caroline McDermott

Caroline is the birthmother of Abby, whom she made an adoption plan in 2012, in an open adoption. Caroline is a swim coach and teacher and enjoys helping others learn and grow.



## Lauren Bujorian

Lauren is the birthmother of Miles, whom she made an open adoption plan for in 2013. Lauren is also an adoptee in reunion with her birth family. She strongly supports post placement care for birthmothers, and breaking the stereotypes around them.



Support ...  
for birthmothers,  
by birthmothers

No matter where you  
are in your journey,  
we offer support  
to all birthmothers.

## Our Mission

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Caring for Birthmothers is a Post-Placement Program that strives to promote a sense of ongoing community, understanding, and support tailored to a birthmother's unique needs after making an adoption plan for her child.

## A note from our facilitators

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Is your adoption open or closed?  
Newly made or years ago?

These services were created to help you gain the support you need post-placement. As birthmothers ourselves, we understand the grief you may be experiencing. We know what its like to feel alone and misunderstood.

**You are not alone here; we get it!**

Adoption is a life-long decision and that decision deserves life-long support! Our post-placement services encourage the building of a support network and resources among those who participate.

*"When women support other women, incredible things happen"*

## Pizza Meet Ups

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Not sure if you are ready to attend a retreat yet but want to learn more about them and meet new people with similar experiences? We would love for you to join us at a "Pizza Meet-Up" for the opportunity to meet other birthmothers and have fun, and enjoy some pizza, friendship, and support.

**Akron**

Mr. G's Pizza

**Columbus**

Massey's Pizza

**Youngstown**

Giangelo's Pizzeria

Visit our website [www.cfkadopt.org](http://www.cfkadopt.org) or reach out to Lori at 330-928-0044 for more details regarding dates & details.

## Online Support

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Caring for Kids has created a public Facebook page dedicated specifically for birth mothers which includes resources, positive messages, and information.

We have also created a private Facebook group, which is monitored by birth moms. This group allows for online support in an accepting, positive, and more confidential way. Many birthmothers have begun utilizing this support and we hope you also join us and get involved!

Connect with us on our Caring for Birthmothers Facebook page or email [Lori@cfkadopt.org](mailto:Lori@cfkadopt.org) for instructions on how to be added to our private group!

